

# Work to improve type 2

Here's the Level2 experience:



Insights

Learn about glucose starting with a continuous glucose monitor at no extra cost and find out what works.



Care Team

Made up of providers, coaches, dietitians and other experts as guides through Level2.



Level2 Method

A defined process to understand and work to improve glucose control in a series of phases.

It's already included in the health plan at no extra cost.

Learn more and join at

[mylevel2.com/care](https://mylevel2.com/care)

Or call

**1-844-302-2821** (TTY 711)



Must be 18 years of age or older and have a confirmed diagnosis of type 2 diabetes. Your participation in Level2 Specialty Care is not a guarantee that you will be able to put your type 2 diabetes in remission, and Level2 does not guarantee any individual any specific results. Please discuss with your doctor whether Level2 is right for you. You have received this information because you may be eligible to participate in Level2 through your current health plan based on the information we have. Participation in Level2 Specialty Care and getting a continuous glucose monitor (CGM) are subject to certain health plan and clinical eligibility criteria. Level2 is available to eligible members of select UnitedHealthcare plans at no additional charge outside of payment of their plan premium. Qualified members are prescribed a CGM and provided a Fitbit® activity tracker while participating in Level2 Specialty Care. See program details at mylevel2.com or call 1-844-302-2821 (TTY 711), 7 a.m. to 8 p.m. CT Monday – Friday and 9 a.m. to 3 p.m. CT Saturday. Health coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health program activities. To contact your health plan administrator, please call the number on the back of your health plan member ID card.